

Careers and Employability Fair: Career Talks and Presentations

Wednesday, 23rd October, 2024

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Tackling an Environmental Crisis?

Daniel Lambley, Responder, Oil Spill Response

Career Pathways in Brain and Behaviour

Prof Fay Short, MSc Counselling Director, Bangor University

Dr Carolien Lamers, North Wales Clinical Psychology Programme Selection and Recruitment Director, Bangor University

Rudi Coetzer, Clinical Director, Brainkind UK and Honorary Professor, Bangor University

Preparing for the World of Work: Essential Skills for Your Future

Carys Owen, CEO, The Business Pod (Consultancy) CYF and Capacity2Learn Ltd, [LinkedIn](#)



Meet Carys Owen, a dynamic business leader and coach who has inspired over 4,000 people worldwide! As the Director of The Business Pod, she specializes in changing business culture and making management development exciting and accessible. Carys has worked with top companies like Vodafone, Heidelberg Materials, and Sport Wales, helping them navigate change and boost performance. She's also a national award-winning canoe coach, passionate about introducing families to the joys of canoeing and expeditions. With her practical tools and engaging style, Carys is here to share her secrets on how to succeed in the business world. Don't miss out on learning from one of the best!

Working and job searching in the UK (for International Students)



Alan Edwards, International Student Support Manager, Bangor University

Alan has run the International Student Support office at Bangor University since 2006 and therefore has a wealth of experience in supporting international students. Prior to working at Bangor, he was the Deputy Director of Student Support at Aberystwyth University and before that, Accommodation Services Manager at Cardiff Metropolitan.

Comfort Ugbabe, Founder, Ikel Consultancy, [LinkedIn](#)



Comfort Ugbabe is a UK-based Business Data Analyst and Project Manager with a proven ability to deliver impactful business solutions. As the founder of Ikel Consultancy, Comfort helps businesses optimize their data for informed decision-making and growth. As the first Postgraduate Network Leader at Bangor University, she led initiatives like the Sip and Paint event, promoting mental health and well-being for postgraduates through painting sessions. In her role as Project Manager at Bangor University, Comfort managed a project that boosted operational efficiency by 15% and increased stakeholder engagement by 10%. She engaged Welsh businesses to understand and enhance their data analytics and ESG practices, leading to measurable improvements. Holding a Distinction in M.Sc. Business Data Analytics, Comfort is skilled in tools like Python, Power BI, RStudio, Nvivo, SQL, and Excel using them to drive data-driven decisions. She excels in stakeholder engagement and project management, helping businesses and individuals thrive in dynamic environments.

Pathways to Education: Exploring Careers in Teaching



Luc Rasmussen, Recruitment and Support Officer, Educators Wales

Meet Luc Rasmussen, from Educators Wales. Working as part of a dedicated recruitment team, Luc focuses on the Welsh Government's priority recruitment areas for education, including Welsh language recruitment, diversifying the education workforce. With a passion for inclusivity, Luc supports educational settings to identifying and nurture diverse talent across Wales. Join Luc at this workshop for practical insights into how you can take your next step into Education and how Educators Wales can be a support to you.

Abi Owen, Lecturer in Education, Bangor University

Multi-agency Working (Welsh medium session – translation available)



Owain Gethin Davies, Headteacher, Ysgol Dyffryn Conwy and Board Director, Adnodd

Owain Gethin Davies is Headteacher of Ysgol Dyffryn Conwy a secondary school of over 650 pupils located in the town of Llanrwst, North Wales. Owain Gethin has been teaching since 2002 and has vast experience as a Music teacher. Owain Gethin was Deputy Headteacher at Ysgol y Creuddyn from 2016 prior to becoming Headteacher in 2020 in Ysgol Dyffryn Conwy. In addition to his headteacher and Associate roles, Owain Gethin is also the Chair for the Adnodd board and is keen to support the development of bilingual high-quality resources for schools and colleges across Wales to provide further enriching experiences to the young people of Wales.

Bethan Môn Williams, Social Worker, Cyngor Gwynedd



Bethan has been a social worker since 2013. She graduated from Bangor University in September 2013 with a degree in social work. Bethan has been working as a social worker in Derwen since 2018, which is an integrated team for disabled children and poor children in Gwynedd. Before joining Derwen, Bethan worked with the children's team and then the fostering team. Derwen is a multidisciplinary team which means that health and social services work hand in hand. In addition to this, they work very closely with schools, the education department, different therapists and charities such as Carer's Outreach and Tŷ Gobaith. Bethan feels very lucky to be able to work with very special children, young people and families.

Jeremy Griffiths, Senior Lecturer in Education and Former School Leader, Bangor University

I have had a forty-year career in Education in various sectors and roles. I am blessed to have had an incredible lifelong education and am now keen to give back to a system that has given so much to me.

Lora Glynwen Williams, Cyngor Gwynedd

Welsh at Work: Celebration of Bilingualism

Lowri Joyce, Welsh Language Strategy Lead, Transport for Wales, [LinkedIn](#)

Energetic and creative PR, communications and engagement professional, Lowri has almost 20 years' experience primarily in energy and transport sectors. Experience in media relations, internal communications, stakeholder engagement, consultation, facilitating, as well as leading and developing a team. Currently leads on Welsh Language strategy at Transport for Wales and lead the team to success during the 2024 Eisteddfod in Pontypridd in encouraging public transport. Lowri has primarily worked in Wales and Gloucestershire but also worked closely with a team in Tokyo during her time at Hitachi. She is an experienced media spokesperson and works closely with PR agencies around Welsh delivery.



Sophie Davies, Snowdonia National Park Authority

Sophie graduated from Bangor University with a degree in Zoology with Animal Behaviour in 2021. Since then, she has been working closely with Eryri National Park, beginning her career volunteering in the conservation sector, before succeeding in receiving a year's placement as an Environmental Conservation Apprentice, a role joint with the National Trust and the Carneddau Landscape Partnership. After an intense year of learning new conservation skills and practices, working with partners and the public, Sophie was offered the role of Community Engagement Officer for the Northern area of the Carneddau Partnership. Her role includes engaging the surrounding communities with the landscape, cultural heritage and nature conservation of the area. Hoping to celebrate, learn and protect the Carneddau for the future.



Iwan Williams, Senior Community Engagement Officer, Bangor University, [LinkedIn](#)

Iwan Williams is Bangor University's Senior Civic Engagement Officer. Iwan took up his post in January 2022. Iwan's previous positions include working for the Welsh Local Government Association in Brussels, the Older People's Commissioner for Wales in Cardiff, Social Care Wales, Gwynedd/Island of Anglesey Councils and Bangor City Council. Originally from Llandysul, Iwan now lives in Bangor with his family.

Graduate Business Start-Up Stories - Motivation and Methods

Balint Brunner, Independent PR Consultant, Aero PR, [LinkedIn](#)



A public relations specialist, Balint helps aviation and travel brands stand out in a crowded market by delivering strategic PR that boosts visibility and drives business growth. With seven years of experience across agency, in-house, and freelance roles, Balint has worked with dozens of high-flying brands - from global airlines to leading travel tech innovators. Before setting up his own consultancy in 2021, he worked for world-leading aircraft manufacturer Airbus and travel PR company The PC Agency. Balint holds a BA in Public Relations from Bournemouth University, and an MBA in International Marketing from Bangor University. He is also the founder of not-for-profit organisation Magyar Cymru, which promotes cultural and economic ties between Wales and Hungary through impactful events and campaigns.

Georgina Merckel, Business Owner, TOPA, [LinkedIn](#)



Georgina is an award winning business ops consultant, writer, speaker, podcaster, mum and anxious business owner. Georgina supports small business owners to make more impact, increase revenue and build a business that works for them. She also hosts a podcast about creating your own rules in business and shares her experience online about running a business with anxiety and motherhood.

Sioned Young, Founder, Mwydro, [LinkedIn](#)



Sioned Young from Caernarfon is the Founder of Mwydro, a Digital Illustration business specialising in GIF Design. Her work includes GIF Design for Businesses and GIF Workshops for over 100 schools across Wales, through which she also employs a local freelancer Tesni Hughes. Sioned runs her business almost entirely through the Welsh Language and does so part-time alongside a role in Social Care at Anglesey County Council. In 2023 Sioned was awarded IPSE's Young Freelancer of the Year Award in London.

Sustainable Career Journeys: Opportunities for Impact



Keith Calder, Associate Director, Savills UK

Keith is a Chartered Engineer with over 35 years of experience in design of the built environment across the world, working in Europe, the US, Central America, Russia, EMEA and APAC. His current role is working as a technical lead within the Engineering & Design Consultancy division of Savills UK.

Reece Halstead, Ocean Literacy Coordinator: Wales, North Wales Wildlife Trust

Reece Halstead graduated from Bangor University in 2018 with a BSc in Zoology, before returning 3 years later to complete his Masters by Research, looking at the impact humans have on migrating fish. Reece began volunteering with North Wales Wildlife Trust during the COVID pandemic, which led him to securing a role as Engagement Officer within the Living Seas team in the Trust. He led on volunteer and community participation in Project SIARC and Seagrass Ocean Rescue, working with a range of stakeholders and partners, including WWF, ZSL and NRW. In May 2024, Reece changed roles to become the Ocean Literacy Coordinator for Wales, working on behalf of the Ocean Literacy Network. His role has involved helping design Wales' Ocean Literacy Strategy – the first in the UK – and developing the Festival of the Sea which will pilot in Flint and Milford Haven in 2025.



Stu Meades, Managing Director, Greener Edge Ltd, [LinkedIn](#)

Stu is an enormously passionate individual who has an infectious enthusiasm for environmentalism, sustainability and decarbonisation. Stu is the Managing Director of Greener Edge Ltd, a consultancy based in Gwynedd that employs a team of 16 assessors, analysts and associates and operating on a completely devolved basis. Stu set up Greener Edge in 2018 when he left the NHS and his family relocated to North Wales from Kent. Between 2007 and 2018 Stu has worked in the energy and sustainability sector for the NHS, FTSE100 real estate companies and for commercial facilities management companies. Before settling into the UK commercial sector Stu worked for the charity sector as a humanitarian logistician in Africa, the Balkans and Pakistan.



Laura Ward, Senior Environmental Adviser, Morgan Sindall Infrastructure, [LinkedIn](#)

Laura Ward is a Senior Environmental Adviser for Morgan Sindall, working on a National Grid energy project in Llanberis. She holds an undergraduate degree in geology, having completed a master's degree to become a geotechnical engineer. Her career began undertaking ground investigations involving contaminated land analysis and groundwater sampling. Laura then transitioned to an Environmental and Sustainability Officer role, focusing on air and water emissions in a manufacturing setting. She has also worked in the public sector, developing environmental policies for the Liverpool City Region to address the issues surrounding sewage discharges. In her current position, Laura minimises the environmental impacts of a 4-year underground cabling project which connects Dinorwig hydroelectric power station to Pentir Substation. The cable route traverses sensitive areas such as ancient woodlands, Sites of Special Scientific Interest (SSSIs), and habitats for protected species like bats, orchids, and fungi, which require close management to ensure their preservation.



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Innovations in Healthcare: The Future of Medicine and Health Sciences



Olivia Jones, Assay Development Scientist, Osler Diagnostics and PhD Student, Oxford University

Olivia graduated from Bangor University in 2019 with a 1st class degree in Medical Sciences and the award for "best student". Since then, she has progressed from lab technician to Scientist at Osler Diagnostics; a start up in point of care rapid blood assay development. In 2021, Osler Diagnostics offered the opportunity to commercially collaborate with academia through a fully funded Masters degree. Olivia applied and was subsequently admitted to the University of Oxford where she is working with Prof. Nicola Smart, and after 9 months, transferred from the Masters programme to the PhD programme. Here, she is investigating her own concept of improved patient risk stratification by elucidating the role of newly proposed biomarkers for heart disease and applying novel techniques to assay them. This proposal won the Alison-Brading scholarship in 2023, propelling her research further. Olivia will defend her thesis in cardiovascular physiology in the summer of 2025.



Adam Mackridge, Strategic Lead for Community Pharmacy / Lead Clinical Pharmacist for NHS 111 Wales Clinical Support Hub, Betsi Cadwaladr University Health Board

Adam is based in North Wales and holds positions as the Strategic Lead for Community Pharmacy in Betsi Cadwaladr University Health Board and Lead Clinical Pharmacist for NHS 111 Wales Clinical Support Hubs. Since becoming a pharmacist in 2002, Adam has worked in most sectors, including Hospital, Community, prison, academia, and primary care roles.

Chris Subbe, Clinical Senior Lecturer, Bangor University

Chris Subbe graduated from Cologne University and has trained as a doctor in Germany, France, Chile, Angola, the US and the United Kingdom. He is a Consultant in Acute Medicine, Respiratory and Critical Care Medicine at the Ysbyty Gwynedd and actively involved with the training of students and junior doctors in North Wales. His research on patient safety has led to over 150 publications and international implementation of interventions that he co-designed. He believes that the bass is key to the functioning of a good band.

Career Pathways in Health Sciences: Traditional and Emerging Roles



Courtney Hanks, Physician Associate Student, Bangor University

Courtney began her academic journey at Bangor University, where she pursued an undergraduate degree in Medical Sciences. During this time, she developed a strong foundation in the biological and clinical sciences, which sparked a deep interest in healthcare and patient well-being. This passion led her to transition into the Physician Associate master's program, where she has been able to further hone practical skills. The program has allowed Courtney to integrate theoretical knowledge with hands-on experience, bridging the gap between science and clinical practice.

Luke Hughes, Pathology Head of Education and Development, Betsi Cadwaladr University Health Board

Luke Hughes is the Pathology Head of Education and Development at Betsi Cadwaladr University Health Board, a role he has held for two years. Following graduation from Bangor University in 2013 he started as a Biomedical Scientist in Haematology at Ysbyty Glan Clwyd before taking on roles as a Senior Biomedical Scientist and Transfusion Laboratory Manager. By having a focus on training and workforce development while in all roles he has played a role in reviewing student and staff portfolios and developed pathologies training strategy. Now in a dedicated training and development role he is focused on local workforce capacity and training projects while also collaborating with colleagues across Wales on national pathology training and education strategies.

Lleucu Morgan, Trainee Clinical Scientist, NHS

The Creative Industries and Beyond

Arwyn Evans, Managing Director, Darlun

Founder and Managing Director of Independent Production company Darlun based in Caernarfon, with a strong programme-making background of over thirty years across numerous genres. Arwyn has built a reputation for delivering innovative and impactful projects for UK broadcasters. Expertise in developing new formats and working on the most challenging access documentaries and fixed-rig formats. Strong track record in complex compliance and editorial issues. Exceptional organisational skills ensure the delivery of programmes on time and to budget. Darlun has grown into a well-regarded indie under his leadership, known for pushing the boundaries of storytelling.

Bill Hilton, Owner, Carrier Music Ltd, [LinkedIn](#)



After graduating from Bangor in 1996, Bill first taught English and Music in secondary schools. In 2005 he left teaching to work as a contractor in the advertising and communications sectors, specialising in telecoms, insurance, utilities and other regulated industries. He started his second business — producing resources for adult piano learners — in 2009. He is now established as a global leader in popular piano education, with operations based around his very successful YouTube channel. Bill now spends most of his time on the music education business while still taking on occasional corporate communications contracts. Over two decades his work has brought him into contact with hundreds of professionals across the corporate and creative sectors and has often involved him in the recruitment and training of recent graduates.

Catarina Rodrigues, Head of Video, Unifrog, [LinkedIn](#)



Catarina is a dynamic professional originally from Portugal, who relocated to the UK in 2015 to pursue a BA in Film and Broadcast Productions at London Metropolitan University. After gaining extensive experience as a Content Producer for an International news broadcast channel and fictional TV, she joined Unifrog in 2022 as an Assistant Producer, quickly advancing to Head of Video. In this role, Catarina leads a team of seven creators, focusing on filming projects with university and employer partners to enhance students' visibility about their post-school options. Her work allows her to travel across the UK, meeting diverse individuals while utilizing her production, editing, lighting, and project management skills.

Lowri Thomas, Project Manager, Sgil Cymru

Lowri started working in the television industry at the BBC in Cardiff in 1984 and since becoming freelance 10 years later has worked as a Production Manager and Location Manager. She currently works as Project Manager for Cardiff based media training company, Sgil Cymru and is tutor to their north Wales media apprentices along with being project lead for the Welsh BFI Skills Cluster; Siop Un Stop-One Stop Shop.

Careers in the Heritage Sector



Marian Gwyn, Heritage Consultant, [LinkedIn](#)

transformative work with museums in the UK.

Marian has enjoyed a successful career in the heritage sector for many years, firstly as a senior manager for the National Trust, and now as an independent consultant. She focuses on diversifying heritage practices in the UK, and she is currently leading a large programme of change to decolonise local museums in Wales. As a historian, Marian specialises in the Atlantic world and British imperialism, and she is committed to fostering public engagement with the complexities of this past. She has advised on Welsh Government policy on diversity within the heritage and educational sectors and continues to publish widely. Her latest article, on museums and inclusion, has just been published by University of Wales Press. Because of her groundbreaking work, she has recently been shortlisted by the Museums Association for a Radical Changemaker award for her



Erin Lloyd-Jones, Self Employed Archaeologist, [LinkedIn](#)

Now, in between exploring, research and working for Creative Wales, she is in her element sharing her passion for British heritage, traditions and culture with the public, in person, digitally, on radio and tv.

Erin grew up in the Ceiriog Valley, where she volunteered at Chirk Castle and completed her first degree in Archaeology and History from the University of Liverpool's Chester College. She held roles with the National Trust, the Heather and Hillforts Project, and Bangor University. Erin then moved to Cadw, the Welsh Government's historic agency, as Lifelong Learning Manager, Heritage Interpretation Manager, and Senior Digital and Publications Manager. One of Erin's major career milestones was the 'Hillfort Glow' experiment, working with over 200 volunteers on ten hillforts across Wales and England. Erin's PhD research at Bangor dug deeper into this concept, exploring structural, dating and geographical evidence of the 100+ hillforts in north Wales and the borders.

From Passion to profession: Careers Working with Animals

Dr Lisa Holmes, Lead Conservation Scientist: Behaviour and Welfare, Chester Zoo, [LinkedIn](#)

Since joining the Science Department at Chester Zoo in 2013 Lisa progressed into the role of Lead Conservation Scientist: Behaviour and Welfare where she manages a dedicated research programme and a team of scientists. With previous experience in finance, teaching and management, she obtained her BSc (Hons) in Animal Behaviour from Liverpool John Moores University and PhD at the University of Liverpool in evolutionary behaviour and physiology. Lisa and her team work closely with the Animal Department to undertake animal behaviour monitoring and support the zoo's animal welfare assessment process. Lisa leads on novel research projects in areas such as animal behaviour, habitat use and animal personality, with a specific interest in the application of automated technology in behaviour monitoring. She has supervised over 150 students and researchers from undergraduate to post-doctoral level and is Vice-Chair of both the EAZA and BIAZA Animal Welfare Working Groups.



Liz Webb, Conservation Training Academy Manager, Chester Zoo, [LinkedIn](#)

Liz started a career in FE lecturing in 2008, in 2014, she moved into Higher Education management and was the HE Team Leader for Animal and Land Management. In 2019, Liz became the Conservation Training Academy Manager at Chester Zoo and now looks after apprentices, placements and training. She is also an Honorary Senior Lecturer at the University of Chester running the PGCert in Conservation and Sustainability Education and chairs the review of the Level 3 Keeper and Aquarist Apprenticeship. Lisa joined Chester Zoo as Scientific Assistant in 2013 and was responsible for managing research requests and supervising undergraduate student projects. In 2015 she was promoted to Lead Conservation Scientist in Behaviour and Welfare and since then have built-up a team of scientists who work closely with the Animal Curators and Keepers to develop research that aims to monitor and optimise wellbeing for the animals at the zoo.

Sumaya Raihan, Katie Jones, Sophie Downham, Kitty Littlar - Placement Year Students, Bangor University

Digital Futures: Exploring Opportunities in the Digital World



Fiona Parry, Morlais Skills and Training Project Officer, Menter Mon

Fiona studied communications at university before pursuing a career in teaching. She now works for Morlais, a Menter Môn, Tidal Energy Project, focusing on skills development that engage and inspire the future workforce in this exciting industry. With a passion for education, skills development, and sustainable innovation, she is dedicated to preparing the workforce for this growing sector.

Helen Roberts, Morlais Project Manager, Menter Mon, [LinkedIn](#)

Helen joined the MCRP team from an operational background, and has been working on the project for just over 2 years.



Dilwyn Powell-Jones, Business Analytics Manager, Siemens Healthineers, [LinkedIn](#)

Dilwyn, born and raised in North Wales, studied Chemical Engineering at the University of Manchester before starting his career with Siemens Healthineers in 2003. Throughout his time with the company, he has held various roles, including Laboratory Technician, Scheduler, and several positions in Planning, before transitioning to Business Analytics in the last five years. Currently, he manages both the Business Analytics and Business Excellence departments. Business Analytics harnesses data to optimise processes, enhance decision-making, and drive strategy, while Business Excellence focuses on improving operational efficiency and quality through continuous improvement, aligning operations with overall business goals.



Daniel Williams, Healthineers Performance System Coordinator, Siemens Healthineers

Trained as a Development Engineer with Marconi working on High Power Short Wave Radio Transmitters. Has worked in Quality Engineering and Quality Management in manufacturing and materials testing. Moved into Lean manufacturing in Eaton Corporation and now practices as a Lean professional in Siemens-Healthineers. Has lectured part time in Quality Management in Bangor University since 1997.

Beyond the Gym: Careers in Sports Performance and Physiotherapy

Jonathan Flynn, Lecturer in Physiotherapy, Bangor University

Gareth Evans, Weightlifting Wales

Christie Williams, Development Manager, Weightlifting Wales

Christie works for the NGB Weightlifting Wales as a Development Manager. The main role of this job is developing the next generation of athletes in preparation for the Senior squad, this includes learning new skills and undertaking workshops to help develop the person who is the athlete. There are many other roles included in this job title.

Master your Career through Postgraduate Study

Graham Bird, Professor, Bangor University

Stefan Machura, Professor, Bangor University

Sara Parry, Senior Lecturer, Bangor University

Simon Viktor, Lecturer, Bangor University

Bid Webb, Lecturer, Bangor University

PhD Pathways: Advancing Your Academic and Professional Career

Penny Dowdney, Doctoral School Manager, Bangor University

Careers in Social Justice and Criminology

Gemma Clegg, Case Manager, Conwy and Denbighshire Youth Justice Service

Gemma went back to higher education at 29 wanting to be a social worker and completed an access course then a degree in social policy and a master's in criminology. She then applied for a PQIP in probation and was successful after qualifying. Gemma wanted to work with young people and now works as a Case Manager for Conwy and Denbighshire. Working with children and Young People to help them recognise offending behaviour, understand the consequences, and help them address any difficulties in their lives.

Sharon Hutchings, PhD Student, Bangor University and Lecturer in Criminology

From 1998 Sharon worked in adult and community and higher education until joining Nottingham Trent University full time in 2008 as a lecturer in the Department of Criminology. Later as a public sociologist she worked with statutory bodies and the not-for-profit sector to address social inequalities and social change in community and policy settings. Working with marginalised communities and where possible in participatory ways research interests include precarity, work and employment, human rights, marginalised communities, social harms and a structural approach to mental health and well-being in the community. These interests were formalised under NTU's Work Futures group and the Centre for Policy, Citizenship and Society and were core to her teaching. Sharon left NTU in 2023 to begin a PhD at Bangor exploring the needs of individuals with recurrent mental ill health and how Fair Work Wales supports frontline social care staff working in mental ill-health.

Study/Work Abroad Information Session

Christine Monks, Study Abroad Officer, Bangor University