

NHS
Direct Wales

Learn how to look after
your health this term,
with a little help from the
NHS Direct Wales
website

Feeling unwell?

Use our symptom-checkers to find out
what to do or where to go

**Need to find a GP, dentist or
chemist nearby?**

Search our local services directory

**Want information on
an illness, treatment or
condition?**

Look it up in our A-Z encyclopaedia or send
your question to our Online Enquiry Service

The
NHS Direct
Wales website is
available on your
phone, tablet,
laptop, mac
& PC

www.nhsdirect.wales.nhs.uk

