## **Welcome to Our Summer Fun** and Cultural Unity Events!

As the summer sun shines brightly (or hopefully, this is North Wales after all), we are thrilled to bring together Summer fun activities to strengthen cultural unity at Bangor. This summer, the International Support Office has organised a series of mini-events that promise fun, learning, and deeper connections with peers from

around the globe.







Let's make this summer unforgettable together!







## 30th June 2024 – Join us for a Hike up Snowdon (or Y Wyddfa)

Join the team on a truly unforgettable hike up Snowdon. Snowdon is the highest mountain in Wales and England. It's one of our most famous and recognisable landmarks and is well worth a visit! This trip is unsuitable for children, and you will require a basic fitness level. Anyone without appropriate attire will be refused admission to the trip - fill kit list will be available before the trip. The ticket includes a return coach journey £15. Booking via instagram bio





Come along to the well-being garden, outside Rathbone Hall, for our sunflower social. You can plant your own sunflower which you can keep, and you will be able to meet other students and our International Student mentors. Free event 2pm to 4pm.





## 8th of July – Summer Trip to Aberfalls

Join our summer trip Aber Falls. Aber Falls is one of Eryri's most dramatic waterfalls. Situated at the northern foothills of the Carneddau, the waterfall is part of Afon Goch's (Red River) final descent to the Menai Straits. Basic fitness level required. Anyone without appropriate attire will be refused admission to the trip – fill kit list will be available before the trip. The ticket includes a return coach journey £12.50. Booking via instagram bio



Join us for a relaxing and creative session of Pebble Art in the serene setting of the Wellbeing Garden. You'll have the opportunity to paint and decorate pebbles with beautiful designs, inspiring messages, or anything your imagination can conjure. Enjoy the tranquil garden atmosphere, make new friends, and take home a unique piece of art as a memento of a peaceful and enjoyable day. Come to unwind, express yourself, and let the beauty of the Wellbeing Garden inspire your creations! Free event 2pm to





## 17th July – "Stroll and Explore: Visit to Treborth Garden Centre"

Join us for a stroll to Bangor University's very own Botanical Gardens, stroll from Rathbone with the team or join us there - Free event 9.30am start from Rathbone or meet us at Treborth at 10.30am

19th July - Wellbeing **Garden Picnic** 

RHYNGWLADOI

INTERNATIONAL

Bring along your own picnic and blanket and join us for a relaxing lunch break to close our summer fun sessions. We may even have a few surprises Free event 12 pm to 2pm.











We look forward to seeing you over the









